

Where Can I Turn?

Mental Health Professionals, Human Service
Agencies, and Support Groups Serving the New River Valley



A Publication of the
Mental Health Association
of the New River Valley, Inc.
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Spring 2006

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**MENTAL HEALTH PROFESSIONALS, HUMAN SERVICE AGENCIES,
AND SUPPORT GROUPS SERVING THE NEW RIVER VALLEY**



Spring 2006

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Programs and Services of the Mental Health Association of the New River Valley

The Mental Health Association of the New River Valley, Inc. is a private, non-profit mental health organization. We are dedicated to equitable access to appropriate mental health treatment, the promotion of mental health, and the prevention of mental illness. We work toward this mission through the provision of quality mental health treatment services without charge to people who are unable to afford access to mental health care, and through advocacy, community education, and prevention programs. Specifically, the Mental Health Association of the New River Valley:

- ▶ Administers the **Pro Bono Counseling Program** and the **ARMS Reach Program**, which provide free mental health outpatient counseling and medication assessments to low-income, uninsured residents of the New River Valley. Volunteer mental health professionals offer their services at our Blacksburg office and in accessible locations in rural communities throughout the New River Valley.
- ▶ **Educates the New River Valley Community** on topics related to mental health and mental illnesses, and treatment options. Programs are presented in schools, businesses, and churches throughout the New River Valley. Educational literature is distributed to persons who contact the office for assistance, at public gatherings, and at local libraries. Books and videos on topics related to mental health, mental illnesses, and treatment options are also available to the public.
- ▶ Provides **Information and Referral** to help link New River Valley residents with educational and treatment resources. Persons desiring treatment are referred to appropriate and affordable local providers of care.
- ▶ Conducts the **Children of Divorce Seminar** program, which teaches parents how to proceed through the process of divorce while supporting the emotional needs of their children. Seminars are offered twice monthly, and are open to parents, teachers, grandparents, attorneys, counselors, and anyone else concerned about the mental health of children whose parents are separating or divorcing.
- ▶ Coordinates jail diversion programs, including the nationally renowned **Crisis Intervention Team** Program. These programs aim to improve interactions between law enforcement and the criminal justice system and residents of the New River Valley who have a mental illness.
- ▶ Publishes a semiannual newsletter, **Mental Health Matters**, which informs the community of current events, issues, and topics related to mental health.
- ▶ **Advocates** for responsible public policy and equitable funding for mental health services for residents of the New River Valley.



Mental Health Association of the New River Valley, Inc.

303 Church Street • Blacksburg, VA 24060
540-951-4990
1-800-559-2800



“Cast from the shackles which bound them, this bell shall ring out hope for the mentally ill and victory over mental illness.”

You Can Make A Difference.

Your membership gives our non-profit organization a strong base for advocacy, public education, and prevention services.

Join your local Mental Health Association today!

Clip and Mail



Please enroll me in the ranks of “citizens who make a difference!”

Name _____

Address _____

City/State _____ Zip _____

Phone _____ Date _____ New Renewal

Please select your tax-deductible membership contribution.

Make your check payable to:

Mental Health Association of the New River Valley

303 Church Street, Blacksburg, VA 24060

Student – \$15 Individual – \$25 Family – \$40 Bronze Bell Ringer – \$100-\$249

Silver Bell Ringer – \$250-\$499 Gold Bell Ringer – \$500 and above Consumer – \$ as able

Thanks to our Partners!

“Where Can I Turn?” is made possible through a collaborative effort with the following:

- ▶ National Bank of Blacksburg,
- ▶ Virginia Rural Health Resource Center,
- ▶ Montgomery Regional Hospital, and
- ▶ The Edward Via Virginia College of Osteopathic Medicine.



Printing of this directory was supported in part by the National Bank of Blacksburg – a bank that cares about the health and well-being of the community it serves. Thank you to our friends at the National Bank of Blacksburg for helping to make *Mental Health Matter* in the New River Valley!



The Virginia Rural Health Resource Center (VRHRC) is a 501(c)(3) not-for-profit organization, which serves as a clearinghouse for local, state and national rural health information. VRHRC provides technical assistance, facilitates rural health research and collaborates with various public and private organizations to identify and address rural health issues in the Commonwealth, thus ensuring access to healthcare for all rural Virginians. Visit us at www.vrhtc.org.



Montgomery Regional Hospital’s web site — www.mrhospital.com — provides comprehensive, useful information to the citizens of the New River Valley, hospital patients, and individuals looking for the

latest medical and health-related information. Whether you need a physician referral, are looking for the latest in preventive care, need detailed information concerning specific hospital services and facilities, or are seeking volunteer or career opportunities, you will find the information easily at www.mrhospital.com. In addition, our web site features custom pages about specific services at MRH and links to independent information providers and a complete reference menu for common diseases and ailments. Visit us at www.mrhospital.com and bookmark the site for future reference.



The Edward Via Virginia College of Osteopathic Medicine (VCOM), a post-baccalaureate professional medical college preparing osteopathic primary care physicians to serve the rural and medically

underserved areas of Virginia, North Carolina, and the Appalachian region, and to provide scientific research that will improve the health of all humans. VCOM is located in the Virginia Tech Corporate Research Center in Blacksburg. VCOM is a collaborative partner of Virginia Tech, a relationship that promotes excellence in education and research. The College enrolled its inaugural class of 150 in August 2003 and will graduate its first class in 2007.

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*This directory is presented as a community service by the
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ACKNOWLEDGEMENTS

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DISCLAIMER STATEMENT

The Mental Health Association of the New River Valley, Inc. (MHANRV) is an independent, non-profit organization that has organized, compiled, and printed this directory to serve as a mental health information and education resource for the community. Information for this directory was obtained by survey from all sources that could be identified. Although every effort has been made to provide a complete listing, there is a possibility of inaccuracies or omissions that are beyond the control of MHANRV and for which it will not be held liable.

The Mental Health Association of the New River Valley, Inc. does not specifically recommend or express an opinion concerning any of the professionals, agencies and non-profits, services, support groups, or web sites listed in this directory, nor is it responsible for their professional conduct or competency. All information presented, with the exception of the Internet sites, was completely self-reported. Areas of interest and specializations listed do not necessarily indicate certification in these areas.

EMERGENCY NUMBERS

MENTAL HEALTH EMERGENCIES

CONNECT

540-731-7385
800-284-8898

RESPOND

540-776-1100
800-541-9992

ACCESS

540-961-8400
888-717-3333

HOT LINES

RAFT

540-961-8400
888-717-3333

Domestic Violence: Women's Resource Center

540-639-1123
800-788-1123

HOT LINES

Domestic Violence: Adult Protective Services*

888-832-3858

Child Protective Services*

800-552-7096

*Note: The numbers listed for Adult and Child Protective Services are after-hours phone numbers. During regular business hours, call your local Department of Social Services. (page 88)