

PRIVATE PROVIDERS

The private providers listed in this directory were contacted individually by the Mental Health Association of the New River Valley, Inc. All credential information and special interest areas were self-reported by the providers. Insurance industry regulations generally prohibit a “sliding scale” fee structure (where fees are based on ability to pay). However, those providers who offer flexible payment plans, financial assistance, or free pre-consultations are noted under their individual provider’s listing, in the “Health Insurance Accepted” section, and/or in the group listing. (See page 8 for a glossary of provider credential abbreviations.)

All providers were asked to choose seven areas of interest from the menu below. An index of providers by area of interest begins on page 9.

► AREAS OF INTEREST

- Abuse-Victims of Physical and/or Sexual, Abuse Resolution, Trauma Recovery
- Adjustment Disorders
- Adult Children of Alcoholics
- Alternative Techniques/ Approaches, Support, Training- Biofeedback, Breathing, Creative Visualization, Hypnosis
- Anger Management
- Anxiety and Panic Disorders
- Assertiveness Training
- Attention Deficit Hyperactive Disorder-ADD or ADHD
- Children’s Issues-Play Therapy-Evaluations
- Chronic and/or Terminal Illness
- Couples/Marriage/Relationships
- Cultural, Ethnic, Minority Issues
- Depression
- Disaster Counseling
- Dissociative Disorder
- Divorce/Separation, Mediation
- Eating Disorders
- Educational Problems, Learning Disabilities
- Elderly/Geriatric/Senior Issues
- Family Counseling
- Gay, Lesbian, Bi-Sexual, Transgender Issues
- Grief/Loss
- Men’s Issues
- Obsessive-Compulsive Disorder
- Offenders, Forensic Evaluations
- Pain Management
- Parenting, Parent/Child Conflict
- Psychiatric Services
- Sexual Disorders
- Spiritual and/or Faith-Based Counseling
- Stress Management
- Substance Abuse, Addiction, Dependence
- Trauma-Recovery, Post-Traumatic Stress Disorder
- Women’s Issues

GLOSSARY OF PROVIDER

Credential Abbreviations

(this list is not exhaustive)

ANP	Adult Nurse Practitioner
CAS	Certificate of Advanced Study
CNS	Clinical Nurse Specialist
CSAC	Certified Substance Abuse Counselor
LCP	Licensed Clinical Psychologist
LCSW	Licensed Clinical Social Worker
LMFT	Licensed Marriage and Family Therapist
LPC	Licensed Professional Counselor
LSAC	Licensed Substance Abuse Counselor
MD	Doctor of Medicine (also known as Psychiatrists)
MDiv	Master's degree in Divinity
MEd	Master's degree in Education
MSW	Master's degree in Social Work
NCSP	National Certified School Psychologist
PC	Professional Counselor
PhD	Doctorate in Psychology/Counseling
PsyD	Doctor of Psychology (similar to PhD; training differs)
RNC	Registered Nurse specializing in mental health and counseling

To discuss concerns about a licensed mental health provider, contact:

Virginia Department of Health Professions
6603 West Broad Street, 5th Floor
Richmond, VA 23230-1712
(804) 662-9900
www.dhp.virginia.gov

Board of Medicine	(804) 662-9908
Board of Nursing	(804) 662-9909
Board of Professional Counselors	(804) 662-9912
Board of Psychology	(804) 662-9913
Board of Social Work	(804) 662-9914

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