



120 PONDEROSA DRIVE (Individual Practitioners)

120 Ponderosa Drive, Suite D
Christiansburg, VA 24073
Phone: 540-382-1494
Fax: 540-382-3039

Hours: Monday – Thursday: 9 AM – 5:30 PM
Friday: 9 AM – 1 PM

Individual Providers in Group:

Turman, Duke	MS, LPC
Shea, Laurie	Ph.D., LPC
Hamilton, Jeannie	Ph.D., LCP
Gardner, Nancy A.	MS, LPC
Wells, Vicki	MS, LPC

Group Overview or Comments:

Independent practitioners offer a full range of counseling services, including individual, couples, and family counseling, for children age 10 and older, adults, and geriatrics. Please see individual practitioner listings for information regarding insurance accepted.

ADHD SPECIALTY CLINIC

Cooper House
305 Washington Street
Blacksburg, VA 24060
Phone: 540-552-3046
Fax: 540-552-0119
E-mail: adhdprofessional@aol.com

Hours: By appointment.

4248 Old Cave Road
Roanoke, VA 24018
Phone: 540-989-5640

Hours: Monday – Wednesday: 9 AM – 5 PM

Individual Providers in Group:

Barker, Harvey M.	Ph.D., LPC
Porter, Daniel	Ph.D., LPC

Group Overview or Comments:

The ADHD Specialty Clinic provides comprehensive and affordable assessment and treatment services for children, adolescents and adults. Effective treatment depends on accurate diagnosis. Our evaluation uses an extensive battery of highly validated procedures to provide you a comprehensive report. Counseling, Coaching and Behavior Management services are adapted to meet the specific needs of the family or individual.

ADULT AND CHILD-FAMILY COUNSELING

P. O. Box 1183
125 Broad Street
Dublin, VA 24084
Phone: 540-674-4506
Fax: 540-674-4507
E-mail: acfc1@verizon.net

Individual Providers in Group:

Ciappina, Thomas J.	LPC
Dalrymple, Claire	LCSW
Ely, Linda T.	RN, CNS
Sorrentino, Peg	LCSW

Hours: Monday: 8 AM – 5 PM
Tuesday and Thursday: 10 AM – 8 PM
Friday: By Appointment

Group Overview or Comments:

We offer brief solutions-based therapy with an emphasis on how we interact within our families, relationships, and communities. The group has a wide base of experience in child, adolescent, adult, and geriatric mental health and provides services through individual, couples, family, and group therapy.

ARTS IN HEALTHCARE PROJECT (THE) (Affiliated with the Family Therapy Center of Virginia Tech)

200 Professional Park Drive, Suite 3
Blacksburg, VA 24060
Phone: 540-449-4421
Fax: 540-231-7209
E-mail: aihp@vt.edu

Carole McNamee Ph.D., Director

Hours: By appointment.

Group Overview or Comments:

The mission of The Arts in Healthcare Project is to promote the healing uses of the creative arts. It provides individual, family, and group opportunities to explore the challenges of living with conditions such as diabetes, cancer, aging, infertility, and other chronic medical conditions. Weekly groups and workshops, as well as individual and family sessions, are available.

ASSOCIATES IN BRIEF THERAPY

200 Country Club Drive, Suite D-2
Blacksburg, VA 24060
Phone: 877-895-8674
Voice mail: 540-951-2227
Fax: 540-951-1144

Hours: Monday – Friday: 8 AM – 6 PM

302 E. Main Street, Suite 200
Salem, VA 24153
Phone: 877-895-8674
Voice mail: 540-375-7307

Hours: Monday – Friday: 8 AM – 5 PM

Group Overview or Comments:

Associates in Brief Therapy (ABT) is a private, outpatient, mental health practice dedicated to helping individuals, couples and families overcome emotional problems using counseling techniques which promote more rapid recovery than traditional methods. Christian-based therapy is available.

Individual Providers in Group:

Forrest, Alan	Ph.D., LPC
Gardner, Laura	MSW, LCSW
Herron, Jim	LPC
Jaudon, Marcia	LCSW

BLUE RIDGE COUNSELING

519 Second Street
Radford, VA 24141
Phone: 540-639-9040
Fax: 540-639-9040
E-mail: kfender@radford.edu
Web site: www.BlueRidgeCounseling.com

Hours: Monday – Friday: 9 AM – 5 PM

Group Overview or Comments:

Provides individual, family, couples, and group counseling. Offers Domestic Violence Risk Assessment. Domestic Violence Alternatives Program is a Certified Batterer Intervention Program. Specialization in anger management.

Individual Providers in Group:

Fender, Keith E.	Ph.D., LCSW
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BLUE RIDGE THERAPY ASSOCIATES (Individual Practitioners)

2955 Market Street, Suite 7
Christiansburg, VA 24073
Phone: 540-381-3101
Fax: 540-381-3105

Hours: Monday – Friday: Daytime and Evening
Appointments Available

Individual Providers in Group:

Casey, Alexa Z.	Psy.D., LCP
Mignone, Fred	LCSW
Reece, Lynne M.	LCSW
Richey, Charles	LCSW
Willis, Mary L.	LPC

Group Overview or Comments:

Independent practitioners offering individual, couples, and family counseling for children, adolescents, and adults. Medicaid, Medicare, Virginia Premier, FAMIS, and most private insurance accepted.

BRALEY AND THOMPSON

409 A East Main Street
Radford, VA 24141
Phone: 540-731-036
Toll-free: 877-731-0360
E-mail: john-weatherspoon@btkids.biz
Web site: www.btkids.com

Hours: Monday – Friday: 9 AM – 5 PM

Group Overview or Comments:

Provides outpatient mental health services for individuals and families including marital counseling. Also offers group counseling. Accepts FAMIS and Medicaid.

CARILION BEHAVIORAL HEALTH

Carilion New River Valley Medical Center
2900 Tyler Road
Christiansburg, VA 24073
Phone: 540-731-7311
Fax: 540-731-7327
Web site: www.carilion.com

Hours: Monday, Wednesday, and Friday:
8 AM – 5 PM
Tuesday and Thursday:
8 AM – 7 PM

Individual Providers in Group:

Cooke, Circe	MD
Dalrymple, David	MD
Douglass, Anderson	MD
Downs, David	MD
Hamilton, David	Ph.D., LCP
Irwin, Earle	MSN, RN, CNS
Miglani, Bobby	MD
Rupe, Carol G.	LCSW, ACSW
Sullivan, Erin	LCSW, DCSW

Group Overview or Comments:

Carilion Behavioral Health has assembled a comprehensive group of clinical specialists to provide services in your community. With inpatient care in Radford and Roanoke and two outpatient clinics in the New River Valley, Carilion offers integrated behavioral healthcare throughout western Virginia.

CARILION SAINT ALBANS BEHAVIORAL HEALTH

Carilion New River Valley Medical Center
2900 Tyler Road
Christiansburg, VA 24073
Phone: 540-731-2000
Fax: 540-731-7349
Web site: www.carilion.com

Hours: Twenty-four hours daily.

CONNECT:

Toll-free: 1-800-284-8898 or
Phone: 540-731-2000

Group Overview or Comments:

Offers inpatient and day treatment services.

Individual Providers in Group:

Akers, James	MS
Byer, Debra	LCSW
Dalrymple, David	MD
Dotson, Rhonda	LCSW
Douglass, Anderson	MD
Downs, David	MD
Edmonds, Martha	LCSW
Gillespie, Hal G.	MD
Miglani, Bobby	MD
Tuosto, Robert	LCSW
Turley, Margaret	LCSW
Wade, Libby	LCSW

CONNECT Staff:

Hutton, Ann	RN, Director
Painter, Marie Moon	RN

CASCADE GROUP (THE)

200 Professional Park Drive, Suite 4
Blacksburg, VA 24060
Phone: 540-951-4800
Fax: 540-951-3081
E-mail: cascadegroup@earthlink.net

Hours: Monday – Thursday: 9 AM – 5 PM
Other hours available by appointment.

Individual Providers in Group:

Brigman, Bonita	Ph.D., LPC, LMFT
Cinco, Narcisa	MD
Clay, Heidi	MD
Marshall, Elizabeth	MSW, LPC, LMFT
McGraw, Carl E.	Ph.D., LPC
McVoy, Joseph	Ph.D., LPC
Moore, Mary L.	Ph.D., LPC

Group Overview or Comments:

The Cascade Group is a private counseling and psychiatric practice that offers multidisciplinary support to individuals, couples, and families facing personal difficulties, life stress, or issues arising from mental illness. Our group includes psychiatrists, therapists, and a registered dietitian. We created our practice to fulfill our desire to work in an environment that was nurturing to both our staff as well as to the clients. Our goal is to help you feel a welcome visitor to a trusted friend's home as you turn to us for our professional help and support.

CENTER FOR CREATIVE CHANGE

205A Washington Street, SW
Blacksburg, VA 24060
Phone: 540-953-5587 (Paula Markham)
540-961-5371 (Bridget Simmerman)
540-951-1699 (Jennifer Zia)
Fax: 540-961-7143

Hours: By appointment.

Individual Providers in Group:

Markham, Paula T.	MS, LPC
Simmerman, Bridget A.	MSW, LCSW
Zia, Jennifer J.	LCSW, ACSW

Group Overview or Comments:

A group of individual practitioners providing holistic counseling and complementary therapies. We also offer classes in yoga, breath, and mindfulness.

COOPER HOUSE

305 Washington Street
Blacksburg, VA 24060
Phone: 540-552-3046
Fax: 540-552-0119

Hours: Vary according to counselor.

Individual Providers in Group:

Barker, Harvey M.	Ph.D., LPC
Clark, Laura K.	Ph.D., LCP
Clum, George	Ph.D., LCP
Pickett, Carolyn	Ph.D., LCP
Porter, Daniel	Ph.D., LPC

Group Overview or Comments:

Experienced independent practitioners located at the Cooper House are available to provide a full range of counseling and assessment services including individual, couple, and family treatment to children, adolescents, and adults.

COUNSELING ASSOCIATES OF SOUTHWEST VIRGINIA, INC.

200 Professional Park Drive, Suite 1
Blacksburg, VA 24060
Phone: 540-552-1402
Fax: 540-552-3428

Hours: Monday – Wednesday: 8 AM – 5 PM
Thursday: 8 AM – 8 PM
Friday: 8 AM – 4 PM

Individual Providers in Group:

Betzel, Cathye Griffin	Ph.D., LCP
Eaton, Suzanne R.	Psy.D., LCP
Lease, Cynthia A.	Ph.D., LCP
Felts, Linda	MSW, LCSW
Garrison, Jr., James E.	Ph.D., LPC
Jones-Freeman, Dianne	Ed.D., LPC
Sturgis, Ellie T.	Ph.D., LCP

Group Overview or Comments:

Counseling Associates provides a full range of outpatient mental health services including group, individual, marital and family therapy and a full range of psychological testing. Support groups include ADHD and ADD, assertiveness training, stress reduction and depression.

DEPAUL FAMILY SERVICES

80 College Street, Suite F
Christiansburg, VA 24073
Phone: 540-381-1848
Fax: 540-381-5372
Web site: <http://www.depaulfamilyservices.org>

Hours: 8:30 AM – 5 PM or by appointment

Group Overview or Comments:

Depaul is a non-profit agency offering Treatment Foster Care, Adoption Services, and Therapeutic Mentoring through the Christiansburg branch office. We work to place children and adolescents in quality foster or adoptive homes that are willing to work with children with emotional or behavioral problems, developmental delays, or medical/physical conditions. Please refer any interested agencies in need of a placement for a child, or families hoping to foster a very special person, to Mary Flanary.

FAMILY AND PSYCHOLOGICAL SERVICES, INC.

820 University City Blvd., Suite 1
Blacksburg, VA 24060
Phone: 540-961-2380
Fax: 540-961-3408
E-mail: FPSOffice@verizon.net

Hours: Monday – Thursday: 9 AM – 5 PM

Individual Providers in Group:

Crouse, Roy	Ph.D., LCP, ABPP
Prosser, Mark	MS, LPC, LMFT
Ritter, Maureen A.	LPC, RPT-S
Young, Bozana	Ph.D., LCP

Group Overview or Comments:

Family & Psychological Services, Inc., offers individual therapy, couple therapy, group therapy, family therapy and psychological assessment. Services are available for: health-related problems, stress/anxiety, family concerns, addictive behaviors, depression, and couple problems.

FAMILY THERAPY CENTER OF VIRGINIA TECH (THE) (Affiliated with Virginia Tech)

840 University City Blvd., Suite 1 (0515)
Blacksburg, VA 24060
Phone: 540-231-7201
Fax: 540-231-7209
E-mail: swj@vt.edu

Johnson, Scott **Ph.D., Director**

Hours: Monday – Friday: 8 AM – 5 PM
Other hours available by appointment.

Group Overview or Comments:

Clinical services are provided by doctoral students in the Marriage and Family Therapy Program who work under the direct supervision of the clinical faculty. Areas of interest include: premarital counseling, marital and family therapy for relationship conflicts, separation and divorce issues, blended and remarried families, domestic violence, child and adolescent problems, individual therapy, and organizational consulting. Fees are assessed on a sliding income scale.

NEW RIVER VALLEY COMMUNITY SERVICES

Montgomery Center
700 University City Blvd.
Blacksburg, VA 24060
Phone: 540-961-8400
Toll-free: 1-888-717-3333
Fax: 540-557-4042
E-mail: info@nrvc.state.va.us
Web site: www.nrvc.org

Hours: Monday: 8:30 AM – 9 PM
Tuesday: 8:30 AM – 8 PM
Wednesday: 8:30 AM – 9 PM
Thursday: 8:30 AM – 9 PM
Friday: 8:30 AM – 5 PM

Hours at other NRVCs clinics vary.

Individual Providers in Group:

Adkins, Melanie	LPC
Alley, Kevin	MS
Barker, Harvey	Ph.D., LPC
Baugher, Nikki	MS
Beck, Brenda	LPC
Bever, Lynn	Ph.D.
Bondurant, Barrie	MS
Bryant, Dave	LPC
Coleman, Stephanie	LCSW
Custer, Heather	MS
Dalrymple, Claire	LCSW
Daum, Conrad	MD
Dodson-Ritchey, Cynthia	LPC
Fahim, Fahim	MD
Felts, Linda	LCSW
Ferguson, Duffy	LCSW
Fulcher, Barbara	NP
Graham, Richard	LPC

CONTINUED ON THE NEXT PAGE

Other Addresses:

Floyd Clinic
203 Main Street
Floyd, VA 24091
Phone: 540-745-2047

Giles Clinic
601 Church Avenue
Pearisburg, VA 24134
Phone: 540-921-2238

Pulaski Center
1006 E. Main Street
Pulaski, VA 24301
Phone: 540-994-5023

Radford Clinic
220 E. Main Street, Suite D
Radford, VA 24141
Phone: 540-831-5904

Individual Providers in Group (Continued):

Hope, Rebecca	LCSW
Hughes, Bekki	LPC
Klein, Joe	MS
Loehrer, Rebecca	Ph.D., LCP
Morris, Matt	MA
Perez, Enrique	MD
Piilonen, Ellen	LPC
Schumacher, Don	CSAC
Sell-Smith, Julie	LCSW
Shaw, Narendra	MD
Tickle-Bond, Melissa	NP
Wunsch, Martha	MD

Group Overview or Comments:

New River Valley Community Services (NRVCS) is a public, nonprofit agency that provides services in the areas of mental health, mental retardation, substance abuse, and prevention to children, adults, families, and communities. The agency serves the counties of Floyd, Giles, Montgomery and Pulaski, and the City of Radford.

For emergencies, referrals, and first appointments, call ACCESS Services at 540-961-8400 or 1-888-717-3333.

PRO BONO COUNSELING PROGRAM

Mental Health Association of the New River Valley
303 Church Street
Blacksburg, VA 24060
Phone: 540-951-4990
Toll-free: 1-800-559-2800
Fax: 540-951-5015
E-mail: mhainfo@mhanrv.org
Web site: mhanrv.org

Hours: Monday – Thursday: 9 AM – 5 PM
Friday: 9 AM – Noon
Evening hours available.

Individual Providers in Group:

Volunteer Practitioners in the New River Valley

Group Overview or Comments:

The Pro Bono Counseling Program is a member clinic of the Virginia Association of Free Clinics. The program provides free mental health services to low-to-moderate income uninsured or underinsured residents of the New River Valley. Area licensed mental health professionals volunteer their services at various sites across the New River Valley to treat qualifying individuals.

PSYCHOLOGICAL SERVICES CENTER

(Affiliated with Virginia Tech)

3110 Prices Fork Road
Blacksburg, VA 24060
Phone: 540-231-6914
Fax: 540-231-4250
E-mail: ldcooper@vt.edu
Web site: www.psyc.vt.edu

Cooper, Lee Ph.D., LCP, Director

Hours: Monday: 9 AM – 6 PM
Tuesday, Wednesday, and Thursday:
9 AM – 8 PM
Friday: 9 AM – 4 PM

Group Overview or Comments:

Clinical services are provided by graduate students in the nationally accredited Clinical Psychology program under the direct supervision of licensed clinical psychology faculty. All services are available to the general public. Services include individual, couple, family, and group therapy for a wide range of problems including anxiety, conduct disorder, attention deficit, depression, panic, marital problems, family problems, obsessive-compulsive disorder, abuse and trauma issues, and substance abuse. The Center also operates several specialty clinics that perform comprehensive child, adult, and neuropsychological assessments for attention-deficit, learning, conduct, anxiety, memory, depressive and behavioral disorders. The Center is also committed to the transfer of knowledge and training to the local community through consultations, presentations, and workshops. Sliding scale fees available.

RADFORD UNIVERSITY STUDENT COUNSELING SERVICES

Box 7023
Radford, VA 24142
Phone: 540-831-5226
Fax: 540-831-6031

Bolt, Wendy
Betzel, John

LPC, Coordinator
LPC, LMFT

Hours: Monday – Friday, 8 AM – 5 PM

Group Overview or Comments:

Student Counseling Services (SCS) is a place where students can talk privately and confidentially about issues that are of concern to them with a licensed mental health professional. Services at SCS are free to both undergraduate and graduate students at Radford University and confidentiality is strictly maintained for all information shared in counseling. Services provided include individual, group and couples counseling, consultation and referral services.

ROOKER PSYCHIATRIC SERVICES, P.C.

102 Miller Street
Christiansburg, VA 24073
Phone: 540-381-5832

Hours: By appointment.

Individual Providers in Group:

Rooker, Gary M. D.O.
Vandsburger, ETTY Ph.D., LCSW

Group Overview or Comments:

Rooker Psychiatric Services offers psychiatric services, evaluations, medication management, hospital and nursing home consultations, individual and family interventions for children, adolescents, and adults. Offers counseling for anxiety, depression, trauma, stress management, life transitions, and multicultural issues.

VALLEY COUNSELING SERVICES, INC.

200 Eighth Street
Radford, VA 24141
Phone: 540-731-0838
Fax: 540-731-3375

Hours: Vary according to counselor.
Evening hours available by appointment.

Individual Providers in Group:

Bryant, Dave MT-BC, LPC
Herman, Kirsten B. RN, LPC
Lightburn, Sheila MSW, LCSW
Polidoro, Gwynn LCSW
Pritchett, James LCSW
Surhio, Azra LCSW

Group Overview or Comments:

We are a private practice of independent practitioners specializing in various kinds of counseling or psychotherapy to help resolve personal problems of children, adolescents, adults, and senior adults.

VIRGINIA HIGHLAND HEALTH ASSOCIATES

7457 Lee Highway
Radford, VA 24141
Phone: 540-731-1939
Fax: 540-731-0084

Individual Providers in Group:

Gillespie, Cheryl	Ph.D., LPC
Gillespie, Hal G.	MD

Hours: Monday – Friday: 9 AM – 5 PM
Service hours vary according to counselor.

VIRGINIA TECH UNIVERSITY THOMAS E. COOK COUNSELING CENTER

240 McComas Hall
Blacksburg, VA 24061
Phone: 540-231-6557
Fax: 540-231-2104
Web site: www.ucc.vt.edu

Individual Providers in Group:

Amenkhienan, Charlotte	Ph.D.
Arbuckle, Vicki	ARNP
Bennett, Gary	Ph.D., LCP
Betzel, Cathye Griffin	Psy.D., LCP
Cinco, Narcisa	MD
Gore, Michael	LPC
Klein, Rita	Ph.D., LCP
Lynch Conrad, Sherry	Ph.D., LPC, ACS
Miller, Robert	Ed.D., LCP
Sanders, Jr., Reliford	Ph.D., LCP

Hours: Monday – Friday: 8 AM – 5 PM
After Hours Emergencies: 540-231-6444

Group Overview or Comments:

The Thomas E. Cook Counseling Center at Virginia Tech provides individual and group counseling to enrolled Virginia Tech students. Topic focused counseling groups offered may include ADD/ADHD, bereavement, controlling substance use, eating disorders, relaxation training, and sexual assault. Individual counseling is provided for the full range of college student concerns. Services covered by student health fee.

WILLOWBANK CREATIVE CENTER

200 Professional Park Drive, Suite 3
Blacksburg, VA 24060
Phone: 540-449-4421
E-mail: willowbankcreative@yahoo.com
Web site: www.willowbankcreative.com
Hours: Workshop and group schedules vary.

Carole McNamee

Ph.D., Director

Group Overview or Comments:

Willowbank Creative Center's mission is to empower people to live their lives more fully through the use of the creative arts. It offers workshops and group activities for individuals, families, and workgroups interested in living and working more creatively.